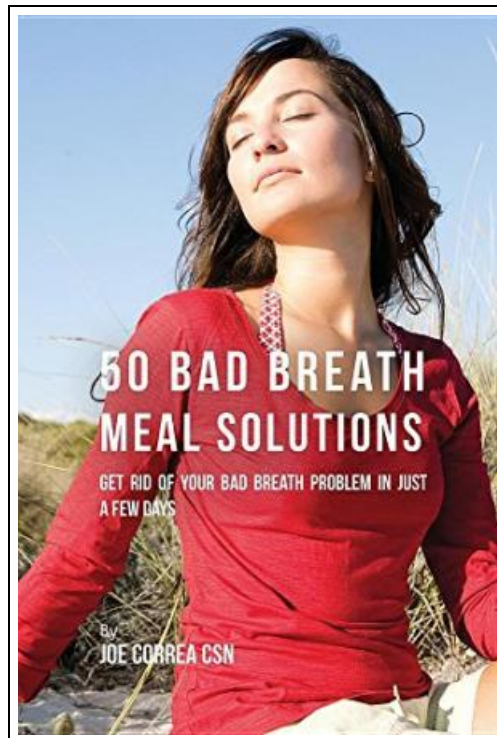


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Live Stronger Faster, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.50 Bad Breath Meal Solutions: Get Rid of Your Bad Breath Problem in Just a Few Days By Joe Correa CSN We all know that awkward moment when we just can't resist that garlic pasta or a nice bowl of spring salad with onions and people walk away, avoiding contact or even offer us some chewing gum. That is perfectly normal and everyone has experienced that at least once in their lifetime. However, when these situations become common, then even a simple face to face conversation becomes a problem. You're not alone in this. About 3 billion people in the world have what doctors call halitosis, or a bad breath problem, and it's not some modern disease. People have been dealing with this problem for generations, trying to find a solution because bad breath can affect us in so many ways: our social life, our self-confidence when interacting with other people, and everything else that goes with it. Besides oral hygiene, there are many factors that stimulate bad breath like digestive tract issues, diabetes, respiratory and kidney problems, an unhealthy diet, etc. Smoking, drinking coffee, stress, specific foods, alcohol, and certain spices, are the main culprits for bad breath. There is really no need for drastic changes to fix this problem, just some simple dietary changes are more than enough to make significant changes in your social life. Having this in mind, I have created these delicious and healthy recipes with carefully chosen ingredients to help you fight bad breath problems. To enjoy these recipes, you will need plenty of bad breath super foods like avocado, apple, citrus fruits, berries, ginger, cumin, etc. These ingredients are proven to...



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