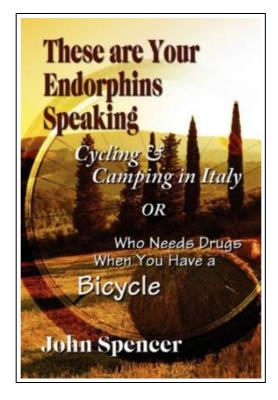
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# THESE ARE YOUR ENDORPHINS SPEAKING: CYCLING CAMPING IN ITALY OR WHO NEEDS DRUGS WHEN YOU HAVE A BICYCLE (PAPERBACK)



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Strategic Book Publishing Rights Agency, LLC, 2010. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. Australians are great travellers, possibly because most Australians are immigrants or the sons and daughters of immigrants. I m sure there has been a gene selected for the Australian population simply because we re all immigrants. I chose to travel by bicycle around Italy, not because I am particularly green, although knowing that the only greenhouse gases I generated were those that I transpired was seductive, but because it was obviously a very efficient way of moving through a landscape that is essentially a vast, open air museum. This is not the story of just where I went and who I met, but also what I saw and, most importantly, what I thought and felt. The tour yielded a return far in excess of the calorific effort that went into it. I was a 61-year-old man at the time, living with prostate cancer, in need of a travel experience that would teach me something about the meaning of life. This account captures something of the excitement and wonder of exploring, by bike, what is undoubtedly one of the great civilizations. About the Author: John Spencer grew up in Broken Hill, a mining town in Western NSW, Australia, and currently lives in Condobolin in Central Western NSW, Australia. John is married with two children; he is retired and often takes on project work that interests him. These Are Your Endorphins Speaking is his first book. Publisher s Web site: //.

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