



## Preventing Cancer the Natural Way (Paperback)

By Chris Canberra

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Cancer: Preventing Cancer the Natural Way The modern day individual is exposed to a variety of invasive pollutants, toxins, and chemicals. As a result, many people are putting themselves at risk to various diseases including cancer which has become more and more common. This book was created to educate those who may not have realized what type of factors may contribute to cancer. More importantly, it will provide the reader with the knowledge on how you can prevent cancer from happening through natural methods. In this book will cover: Cancer Prevention through Diet and NutritionThe top Cancer-Fighting foodsThe top Alkaline Foods you should eatSupplements and Superfoods that will increase immunity and disease fighting cellsThe importance of ExerciseThe importance sleep has on preventing CancerWhich environmental toxins you can avoid Tags: Cancer prevention, Cancer diet, Colon Cancer, Breast Cancer, Skin Cancer, Cancer foods.



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