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## POST-DRAMATIC RELATIONSHIP SYNDROME: HOW TO FIND YOUR DRAMA-FREE ZONE! (PAPERBACK)



Valerie Maholmes, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Dr. Valerie Maholmes introduces a humorous play on words and fun anecdotes to encourage women to focus on their emotional health and well-being. She coined the term Post-Dramatic Relationship Syndrome or PDRS to describe what we do and how we feel in the aftermath of dramatic relationship. Most of us have a little drama in our romantic relationships-an argument here, a...

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- Authored by Valerie Maholmes Phd
- Released at 2016



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